

TOTAL BODY ENHANCEMENT

OPERATING INSTRUCTIONS



ATTENTION!

Two overhead straps are provided for stability and to maximize the effects of the Total Body Enhancement's muscle toning component. For your safety, please use these to steady yourself during operation of the Vibra-Shape program. Vibration intensity and power levels fluctuate throughout the session so you should be prepared for changes. However, please be aware that these straps can be broken off if they are exposed to severe strain. DO NOT try pull-ups or other gymnastic exercises.

OPERATION

- To choose the individual functions please use the arrow buttons on the control panel
- To set each individual function use the plus and minus buttons

1 START/STOP

The lamps in the Total Body Enhancement are started by the front desk. If the unit is connected to a control system, the lamps automatically turn on at the end of the programmed delay period. If desired, you can also start the lamps immediately by pressing the Start / Stop button on the control panel. You can press and hold the Start / Stop button to turn off the lamps at any point during your session. Press the button again to restart the lamps. Interruptions may count as part of your continuously running scheduled session time.

2 CONTROL PANEL

Use the Left ◀ or Right ▶ arrow buttons to navigate to the function of the Total Body Enhancement you would like to adjust. Once selected, the indicator for the feature will begin to flash. To adjust the selected function, press the plus or minus buttons to increase or decrease the setting. Continue to press and release the plus or minus buttons until the desired intensity is reached. In order to make a major adjustment, you must tap the button several times. Please do not press and hold down these buttons.

3 PLAYER

The Total Body Enhancement has an integrated sound system with multiple music sources. Use the Left ◀ or Right ▶ arrow buttons to navigate, then press the plus or minus buttons to change between the available sources. Once selected, you may change the channel by pressing the plus or minus buttons on the display. Please note that if you select MP3 as the source, selection of the specific track is controlled by your MP3 device.

4 MUSIC

Once the desired source is playing, the plus or minus buttons can be used to toggle between the options of the internal (SD card) or external (salon music) source. This procedure will also allow you to navigate through the available music tracks or music channels. The LED display [8] shows you the various music channels.

5 VOLUME

You can change the music playback volume by using the Left ◀ or Right ▶ arrow buttons to navigate to this function. Then use the plus and minus buttons to increase or decrease the volume.

6 PLATFORM BODY VIBRATION

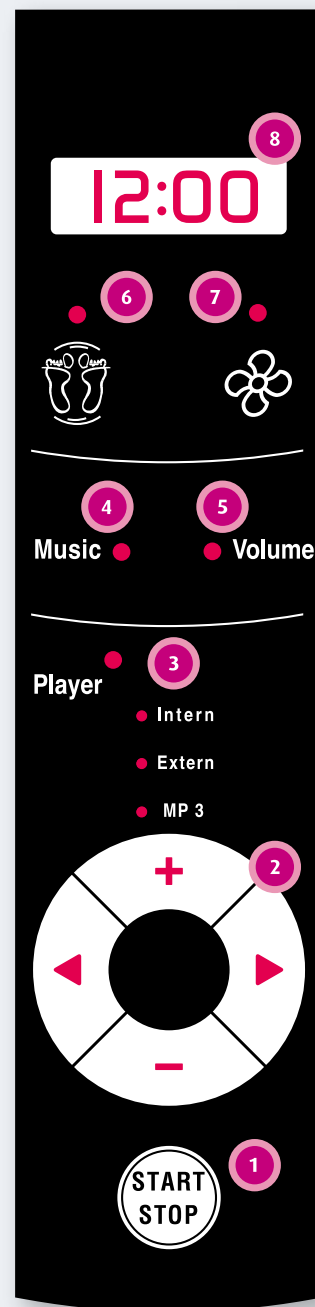
The Total Body Enhancement features "Platform Body Vibration". By selecting this feature you may choose between four programs – from gentle to intense. Place your feet as indicated on the floor mat, stay relaxed and do not lock your knees to ensure maximum effectiveness. For your safety, use the overhead straps to steady yourself during operation of the Platform Body Vibration. Vibration intensity and power levels fluctuate throughout the session so you should be prepared for changes. Please consult your physician if you have medical concerns regarding the use of the Platform Body Vibration feature or if you have or previously had any condition affecting the bones, bone density, or bone irregularities. Persons who are pregnant or experience acute illness/infection should not use the Platform Body Vibration feature. Discontinue use immediately if you experience dizziness or nausea.

7 BODY VENTILATION

The Total Body Enhancement's body ventilation system offers two convenient settings – automatic and manual. Once a session begins, the body ventilation will begin to gently increase in intensity with the progress of the session. Body ventilation can also be adjusted to the setting you desire by selecting the body ventilation feature and then pressing the plus or minus buttons.

8 LED DISPLAY

When the Total Body Enhancement is not in use, the LED display shows the time of day. When a session starts, the display indicates the time that has elapsed. It also shows the current setting of the function selected.



TIPS FOR THE BEST RESULTS

The following people should not use the BEAUTY ANGEL:

- Women who are pregnant
- People with epilepsy
- People with illnesses that are sensitive to light
- People using medication or herbal remedies that may result in light sensitivity such as antibiotics, anti-inflammatory drugs, St. John's Wort, etc.

Platform Body Vibration training should be omitted after surgery or if you are suffering from cardiac issues, hip and bone diseases, are pregnant, have received bone implants or are suffering from an acute illness or inflammation.

If in doubt about whether you should use the Total Body Enhancement, please seek medical advice prior to use.

Eyewear:

The Total Body Enhancement is not a tanning device, but the lamps emit light energy that is very bright in nature. Therefore, we recommend the use of protective eyewear such as Super Sunnies®, Podz™, Wink-Ease®, sunglasses or similar products that limit light transmission while using the Total Body Enhancement. The eyewear should still allow you to see the control panel and maneuver about the cabin area. You should test eyewear with the unit activated to ensure comfort and safety. The Total Body Enhancement generates very bright visible light that may cause headaches or discomfort for those who are sensitive to such light. You should never stare directly into the light for any reason.

Cosmetics:

Please be aware that makeup may reduce or block the effectiveness of the system. For best results we recommend removing all makeup prior to use.

Medication:

Certain photosensitive medications and cosmetics may increase sensitivity to light. Typically, these products feature a warning label to notify you of potential adverse effects. Please consult with a physician prior to using the Total Body Enhancement if you are using any such products or medications or have a history of skin problems or believe yourself to be sensitive to light. A list of common photosensitive medications and products should be on display at the location featuring the Total Body Enhancement.

YOU HAVE A CHOICE OF FOUR PROGRAM MODES:

| PROGRAM #1 | PROGRAM #2 | PROGRAM #3 | PROGRAM #4 |
|---|---|---|---|
| Feel Great (low intensity) Duration: 10 minutes | Toning (medium intensity) Duration: 10 minutes | Cross-Training (high intensity) Duration: 10 minutes | Multi-Level (mixed intensity) Duration: 10 minutes |
| | | | |
| This program improves flexibility, loosens and relaxes muscles with gentle movements at low-impact vibration frequency. | Designed for beginners, this program utilizes medium frequency vibration and massage technology to gradually improve muscle tone appearance with controlled, alternating movements. | Using intense vibration combined with high frequency interval training, this program strengthens muscles with powerful movements. It's excellent for sports and exercise enthusiasts. | A mixed frequency cycle targets specific muscle groups in the legs, abs, arms and glutes to help tone and tighten muscles. This program provides an energizing workout. |

TOLL-FREE 888.771.0996

DISCLAIMERS / LIMITATIONS All results and effects are typically temporary and cosmetic. A consistent regimen of device and product usage, together with proper diet and hydration is recommended to achieve and maintain desired results. Smoking and alcohol consumption may have limiting effects on results. These statements have not been evaluated by the FDA (Food & Drug Administration). This product is not intended to treat, cure, prevent, or diagnose any disease or illness. This device and information provided is not a substitute for treatment or advice from a licensed physician or other healthcare professional. Actual results will vary according to skin type, usage, genetic influences, diet, exercise, lifestyle, etc. There is no guarantee of results. All exercise has some risk. You should always check with your doctor before beginning any exercise program.

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